

# CREATE YOUR OWN SAFETY DAY

Don't have the time to prepare or plan for annual training? Let OECS Help!



## SAVE YOUR DATE WITH NO MONEY DOWN!\*

Let OECS provide a customized Create Your Own Safety Day. Complete the form and return it to Kasey Clowe, [kaseyc@oecscomply.com](mailto:kaseyc@oecscomply.com), or call with questions at (612) 393-4900. See back side to select topics.

<b>Company</b>	
<b>Contact Name</b>	
<b>Phone</b>	
<b>Email</b>	
<b>Date for Training (First come, first serve)</b>	
<b>Primary Choice</b>	
<b>Second Choice</b>	
<b>Location for Training</b>	
<b>Check the Safety Day Length</b>	<input type="checkbox"/> 4 hrs - \$1999   <input type="checkbox"/> 6 hrs - \$2299   <input type="checkbox"/> 8 hrs - \$2799 (plus travel expenses outside the 30-mile radius of Minneapolis)

**See List of Training Topics on the Back.**

**KASEY CLOWE**  
Regional Director  
[Kasey@OECscomply.com](mailto:Kasey@OECscomply.com)

\* 14-day cancellation required to avoid charges



# TOPICS

Select the topics you would like on your Safety Day. Topics selected will determine the length of training. Required annual topics are in *italics*. Other required annual topics are based on your company's scope of work. The times listed are approximate.

Check Box	Topic	Length
	AWAIR/Risk Management	30 Min
	Back Injury Prevention	30 Min
	Basic Electrical Safety	30 Min
	Basic Level Rigging	30 Min
	Basic Crane Signaling	30 Min
	Bloodborne Pathogens	30 Min
	Confined Space	30 Min
	Earthmoving Equipment/ Motor Vehicles	30 Min
	Emergency Action Plans	30 Min
	<i>Employee MN Right-To-Know/ Hazard Communication (required annually in MN)</i>	40 Min
	Fall Protection	40 Min
	Fall Protection w/Hands-On	60 Min

Check Box	Topic	Length
	Fire Prevention	30 Min
	Hand & Power Tool Safety	30 Min
	Hearing Conservation	30 Min
	Heat Stress	30 Min
	Personal Protective Equipment	30 Min
	Respiratory Protection	30 Min
	Scaffolding Safety	30 Min
	Scaffolding w/Hands-On	60 Min
	Silica Awareness	30 Min
	Subpart X - Ladders	30 Min
	Trenching & Excavating	45 Min
	Other: _____	

Yes, include in safety day*	Yes, on a separate day	Topic	Length
		Mental Health First Aid Would need to be set up on a different day than the safety day due to length.	8 hours
		MEWPS (scissor and boom lift) Training \$250 per person. Company is responsible for providing equipment.	2-hour classroom & hands-on evaluation
		Forklift/Rough Terrain Certification \$200 per person. Company is responsible for providing equipment.	1-hour classroom & hands-on evaluation
		First Aid/CPR/AED \$135 per person Contact Connie (connie.vanraalte@oecscomply.com) for information.	

\*If time permits and dependent on the number of operators