

Ergonomics in the Workplace: What You Need to Know

Workplace Safety Webinar Series
Thursday, September 16, 2021 – 11:00 am to 12:00 pm
[Click Here to Register](#)

If you're seeing repetitive stress injuries at work, you've likely got valuable employees waiting to heal, with productivity taking a hit. Poor ergonomics also leads to pain and reduced productivity, which can lower employee morale significantly.

The foundation of having good ergonomics is conducting accurate and efficient risk assessments. This can be VERY hard given all the variables. This webinar will provide you general information (and examples) about some of the assessment tools available.

We will also demonstrate the REBA (Rapid Entire Body Assessment) tool from beginning to end.

These tools will help you to make smart decisions and take proactive actions to reduce risk factors that lead to common and costly musculoskeletal disorders. We will:

- Provide an overview of Ergonomics and how to apply it to the workplace.
- Introduce the REBA tool.
- Breakdown the specific components of REBA.
- Provide examples of successful use of the REBA worksheet.
- Give options to improve REBA scores and LOWER risk.

Good ergonomics not only helps you avoid more workers' comp claims, it helps build a culture of safety, as employees are able to do their jobs more efficiently. Join us and get the inside track!

WHO



This event is for business owners, presidents, safety, HR and plant management, construction superintendents and project managers.

WHERE



ZOOM Webinar – see registration information

WHEN



Thursday, September 16, 2021
11:00 AM Presentation
11:45 AM Q & A
12:00 PM Available for follow-up calls

REGISTRATION



[Click Here to Register](#) or call/email Anita at 763.417.9599 or Anita@oecscomply.com for assistance or questions. **No charge.**

THE SPEAKERS:



Cody Hedberg, CHST, serves as the Regional Manager for North Dakota, South Dakota and Western Minnesota. He has over 15 years of workplace safety experience and is responsible for guiding his team for construction and general industry clients. He has served as a safety director in construction. He is an OSHA Outreach Trainer for Construction and is a MEWP instructor. Cody has conducted hundreds of training sessions for associations, groups and clients. He is a Dale Carnegie graduate and a member of Toastmasters International.



Bill Williams, CIH, is a Field Safety Associate and Certified Industrial Hygienist, starting with the company in 2019. He brings almost 30 years of environmental engineering, industrial hygiene and safety experience including: Risk management and program compliance, occupational and environmental hazard analysis and control and development, and staff instruction of specialized operational and compliance training. He brings a wealth of experience and training to his clients and has been a part of improving the safety and health culture and processes in agriculture, manufacturing, construction and health care industries.