

Cold Stress: Avoiding Cold-Related Injuries and Illnesses

Workplace Safety Webinar Series

Wednesday, November 4th, 2020 – 11 AM to Noon

[Click Here to Register](#)

Did you know: The average lost-time claim due to winter slip and fall injuries at work is \$45,000?

Winter is almost here! If your construction or general industry employees work indoors or out, they may be exposed to **cold stress**. This can lead to thermal discomfort and in some cases even severe injuries, illnesses, or death.

The responsibility rests with leadership to prepare their employees for these dangerous dynamics. But this is NOT your typical webinar on this topic – COVID-19 has introduced another layer of challenges that must be addressed.

OECS combines years of safety experience in cold-weather climates, along with Kasey's medical background, to deliver practical advice on how to navigate the "new normal" of cold weather related risks.

In this webinar, we will help you understand and prepare for:

- The risk factors, how the body reacts to cold conditions, and the wind chill effect
- How the body maintains thermal balance
- The injuries/illnesses caused by exposure to cold/treatment
- Slip/trip/fall techniques for icy conditions
- Special Minnesota OSHA requirements for winter
- Carbon monoxide requirements
- COVID-19 in the winter and prevention

Join us for this FREE, informative webinar to prepare your team for a successful winter season!



WHO

This event is for business owners, presidents, safety, HR and plant management, construction superintendents and project managers



WHERE

ZOOM Webinar – see registration information



WHEN

Wednesday, November 4, 2020
11:00 AM Presentation
11:45 AM Q & A
12:00 PM Available for follow-up calls



REGISTRATION

[Click Here to Register](#) or call/email Anita at 763.417.9599 Anita@oecscomply.com for assistance or questions. **No charge.**

THE SPEAKERS:



Kasey Clowe is a safety consultant and field associate with OECS, starting with the company in 2020 after serving for 20 years as Safety Director/Project Manager for a commercial construction company, where his work included being directly responsible for managing the safety and risk associated with construction projects and company operations. Projects included US Bank Stadium, Target Field, Bill Snyder Family Stadium, TCO Performance Center, Soldier Field and many of the high-rise buildings in the Midwest.



Natalie Blackwell is a Field Associate for OECS with over 15 years of experience in facilitating EHS trainings for General Industry. Natalie has found her passion in helping others to understand the importance of a strong safety culture in the workplace. Natalie is OSHA 30 certified and provides safety services nationally and throughout the Twin Cities area.